

CHINA

Hospital head lauded for going extra mile

By YANG CHENG in Tianjin
yangcheng@chinadaily.com.cn

The 112th International Women's Day, which falls on March 8, is approaching. Amid the pandemic, the commitment of female medical workers around the world is gaining widespread attention and respect.

Liu Wei, director of Tianjin Children's Hospital, is among those being celebrated.

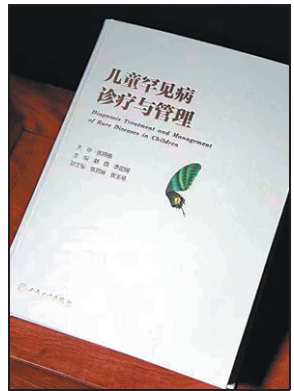
Her dedication to children with COVID-19 has been lauded, while her achievements in the fields of rare diseases and humane care, her management of the 141-year-old hospital, and her award-winning novels and poems have all garnered attention.

During the recent outbreak in the city in January, 96 medical workers from Tianjin Children's Hospital worked with designated hospitals to care for young COVID-19 patients aged below 15.

While treating her patients, Liu also wrote poems for her fellow medical workers, donated books on health and psychological healing and gave flowers and gifts to her young patients.

To date, all children have been discharged. "I want to give some sincere advice to these children, and congratulate them on winning a major battle in beating the virus. I also want to remind them to follow good habits, like wearing face masks, keeping their hands clean and maintaining 1 meter between themselves and other people," she said.

Liu also has higher hopes. "Having gone through such a major experience, I hope my patients learn how to love others and themselves, discover their inner strength while dealing with sickness and learn the meaning of perseverance," she said.



Top: Liu Wei's painting of a rare butterfly is on the cover of a book on 121 rare diseases. **Above:** Liu Wei (right), director of Tianjin Children's Hospital, presents a gift to the head of a Hong Kong physicians' organization in September 2019. PHOTOS PROVIDED TO CHINA DAILY

"Doctors in different departments share the same challenges, including hard work, fatigue and a relatively low income," Liu added.

"I hope we can show our young patients how beautiful the world can be ... and that when they smile at us doctors, they brighten up our day."

As a pediatrician, Liu is enchanted by children's inner power to heal and rebuild their bodies.

"It's important that pediatricians help patients have a more positive outlook on life and help resume their confidence," she said. "The influence and far-reaching potential of such actions are profound."

She thanks her husband and parents for supporting her work, which occupies most of her time.

After graduating from Tianjin Medical University in 1995, Liu worked as a physician and department head at Tianjin Children's Hospital from 1995 to 2010 and was then promoted to be a department head at the Tianjin Health Commission from 2010 to 2018.

She became the director of Tianjin Children's Hospital in 2018.

Besides her achievements in research, she has published three novels — *The Last 24 hours, Children's Wards* and *Wind and Dust on the Medical Road* — as well as a number of short stories and poems, some of which have won city-level and national awards.

Liu said she has a profound love for literature and painting.

"I followed my parents' wishes to become a doctor. Since then, I've found that my childhood hobbies, such as writing, painting and music, can benefit me professionally and have become part of my life and career."

Liu often reminds freshmen at medical universities that off-duty interests and hobbies are key to releasing tension and to enhancing emotional intelligence.

Her current focus of research is rare pediatric diseases. The hospital became a key member of Tianjin's rare disease treatment organization in 2019 and took the lead in researching Lysosomal storage disorders in 2020.

Last year, a database on rare diseases was set up in the country, and this year, an encyclopedia-style book on 121 rare diseases has been published. Liu's painting of a rare butterfly was used on the book's cover.

She said she chose the image to demonstrate that physicians need top-notch skills to cure rare diseases.



Clockwise from above: Yachts sail out of a marina in Sanya, Hainan province. PROVIDED TO CHINA DAILY Tourists participate in a scuba diving tour to plant coral off-shore near Sanya in January. YANG GUANYU / XINHUA Visitors learn to surf on a beach in Sanya. ZHANG LIYUN / XINHUA

Yachting sails to forefront of development in Sanya

Resort city looks to capitalize on growing trend among vacationers

By MA ZHIPING in Sanya, Hainan
mazhiping@chinadaily.com.cn

The typical calm, balmy bays of Hainan province's Sanya have been bustling this winter. There have even been the occasional yacht traffic jams, as more and more travelers make their way to the tropical island to enjoy its increasingly diversified entertainment offerings.

"All our yachts were booked in advance between Jan 31 and Feb 6, the traditional Chinese Spring Festival. Even now, tourists have to line up for about an hour to take a cruise or do wake surfing at some of the more beautiful bays, like Queen's Bay and Lover's Bay, which are popular areas for water sports," said Zuo Zhiyong, deputy secretary-general of the Sanya Yachting Association.

The coastal resort city at the southern tip of Hainan island saw 87,200 people take 12,345 yacht cruises during the two-week Spring Festival period, with many trying wake surfing for the first time, Zuo said.

"Tourists are keeping the trend alive after the festival," said Huang Weidong, marketing director of the Wuzhizhou Island Scenic Spot in

Sanya, adding that wake surfing was fully booked every day in the popular zone.

Vacationers also sought out the thrill of diving in the resort city, which boasts crystalline seas.

"The wake surfing here was very exciting, and diving into clear water to explore the marine environment, all the lively, colorful fish and beautiful coral, was an unforgettable experience," said Ding Longqiang, a visitor from North China's Shanxi province.

"We came for the sea, and my family especially enjoyed the water sports."

The superb sea and year-round mild climate have made Sanya an ideal place to develop cruise and yacht tourism, industry insiders said.

"Sailboats and yachts used to be luxuries for people with extravagant lifestyles, but in recent years, the cruise and yacht industry has developed rapidly in Sanya, and sailing has become something that most people can afford and would enjoy," said Chen Xiaoyu, a manager at the Sanya Banshan Peninsula Sailing Port.

The landmark port has served as a stopover for notable international ocean races, including the Volvo

Ocean Race and the Clipper Round the World Race.

The city has more than 900 registered yachts, accounting for more than half of the island's total. In 2021, 300 new boats were registered, more than double that of 2020.

Also last year, over 1 million passengers took cruises in Sanya, accounting for more than 90 percent of all cruises in Hainan, according to the local yacht association.

Being part of the central government's master plan to build Hainan into a globally influential free trade port by the middle of the century, the development of a yachting industry lies at the top of the province's agenda. To that end, a slew of promotional policies and measures have been introduced, creating unprecedented opportunities for domestic and foreign investors, according to local officials.

French yacht captain Godfrey Zwygart said that he sees huge potential for yacht tourism in China, especially in Hainan, over the next 10 years.

"The younger generation cares more about quality holidays and a diverse lifestyle, and will spend generously on marine leisure products," said Zwygart, who has spent more than 10 years helping develop the yacht industry in Sanya.

He said that the zero-tariff policy

on yachting products issued by the central government for the Hainan Free Trade Port will greatly reduce the cost of imports and added that he believes this policy will help Sanya grow into a great yacht resort city, given its location, climate, environmental and marine resources.

Sanya's government has issued detailed plans for the use of sea areas, as well as measures promoting water tourism to ensure the high-quality development of marine tourism, said officials with the Sanya Central Business District, a key industrial park in the Hainan FTP, which is focused on cruise and yacht development.

Aiming to become a major hub for yacht trading, spending and green technology development for the Asia Pacific region, Sanya is making great efforts to develop key projects, including the Sanya International Yacht Center, the Nanbinhai International Yacht Wharf and the Sanya Yacht Innovation Service Complex, according to the CBD administration.

Its data shows that the Sanya CDB has attracted 80 companies, including Omnia Marine, Simpson Marine, Moonocean, CTG Cruise and Blue Dream Cruises, which are engaged in the sales, brokerage and services of yachts and cruises, as well as the promotion of marine leisure tourism.

Trail park offers views, links districts in city

By DENG RUI and TAN YINGZI
in Chongqing

Twice a day, morning and evening, 73-year-old Qiu Xianzhu and 72-year-old Dai Yu take a two-hour stroll with their pet dog in Chongqing's Cliff Trail Park. The couple, both local retirees, recently moved into a nearby neighborhood.

"In the past, the site was a mess, all barren hills and slopes full of garbage. Now, it's a beautiful park," said Qiu, adding that he has noticed a sharp increase in visitors.

Recently, the Cliff Trail Park project, located in the city's Dadukou district, won gold at the Paris Design Awards 2022 in the International Environmental Design category.

A prestigious competition covering the disciplines of architecture, interior design, landscape design, graphic design and product design, the awards honor innovative thinkers from all over the world.

The park is named after a trail being planned along a cliff overlooking the cosmopolitan city and the Yangtze River. It will run for 22 kilometers, with a 6.3 km main section that is being built in two phases, the first of which has been completed. The park covers an area of 788,000 square meters.

The red and gray trail — which is designed for walking, jogging and cycling, and is wheelchair accessible along the main section — is one of 60 featured trails planned by the



An aerial view of a section of Cliff Trail Park in Chongqing. PROVIDED TO CHINA DAILY

municipality. It begins in a residential area and zigzags along the cliff, running through parks and protected green spaces before culminating at the riverside. It is the first trail to be built on a cliffside in the city's central urban area.

In Chongqing, a mountainous

city, walking was the main way most residents got around. Since ancient times, numerous trails and small roads that wind their way around the mountains have helped connect communities.

Nowadays, some have been transformed into sightseeing routes to let

visitors experience the landscape and history of the city.

"The mountains, rivers and the 60-meter drop in the city's terrain present great creative inspiration," said project director Yang Jing of T Y Lin International, the company designing the park.

The park has made it so people no longer need to make a long detour from residential areas to reach the riverside, which is now accessible through several entrances.

"It connects the historic town, parks, a renovated industrial site and districts with 16 focal points and 22 entrances," according to the description on the Paris Design Awards 2022 website.

Specifically, it connects and combines parks and green areas, including the Chongqing Industrial Museum, Yidu Ancient Town, Yidu Park and Siyuan Park.

The trail runs through new and old areas.

It links the district's densely pop-

ulated residential areas, an existing steel making site and tourist resources along the riverside together.

Notably, the project has also turned old bomb shelters into public reading places. A book cafe is expected to open in one of them.

The 1.5-km section built during the first phase of the project are already in use. The second phase is under construction and should open to the public later this year.

With green living becoming a prerequisite for future development, more efforts are needed to foster low-carbon methods of transportation. Recently, the Chongqing Housing and Urban-Rural Development Commission unveiled a plan to promote walking, cycling and buses as the main modes of urban transportation during the 14th Five-Year Plan (2021-25) period.

Contact the writers at dengrui@chinadaily.com.cn