## London celebrates a glowing success

US tops medal table but host nation emerges as real winner

## by mark trevelyan

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The United States topped the sporting world with 46 Olym ic gold medals to China’s 38 at the end of 16 days of thrilling on Sunday ahead of the closing ceremony.
Crowds performed "Mexian Waves" around the sets for the final act of London 012 were put in place - large reconstructions of some of the city's most famous landmarks including the Tower Bridge and t. Paul's Cathedral. seen some of te most spectacular moments
of the Games, including Jamai can sprint king Usain Bolt defending the 100,200 and
$4 \times 100 \mathrm{~m}$ titles he won in such spectacular fashion in Beijing the latter in a world-beatin British supporters will als cherish memories of the venue where Somali-born runner Mo Farah won the 5,000 and 10,000 double to deafening roars and was celebrated as a symbol of th capital's multi-culturalism.
The host nation won 29 gold The host nation won 29 golds ings, its best result for 104 year which helped lift the nation out of the gloom of an economi recession temporarily buried in the inside pages of the newspa-
pers.

I will say history has been written by many athletes. The London has absolutely reffreshed the Games," International Olympic Committee President Jacques Rogge told reporters.
British Prime Minister David Cameron agreed, writing in a succinct message on Twitter "Britain delivered. We showed 'he world what we're made of.'
OnSunday Stephen Kiprotic Of Uganda broke away from two Kenyan rivals to win the men's marathon near Bucking ham Palace before vast crowds reflecting local enthusiasm for the Games despite doubts about tion. After running side by side with world champion Abel Kirui and Wilson Kipsang, the 23-year-old put in a powerful
kick to shake off the Konyans kick to shake off th
km from the end.

He crossed the finish line
draped in the red, black and yellow Ugandan flag, which he knelt to kiss.
Also on Sunday, Britain, Cuba Kazakhstan, Russia and Ukraine picked up golds for boxing and
Japan and the United States for wrestling.
The women's modern pentathlon was the final medal to be decided, and Lithuanian Laura Asadauskaite beat Briton San
Murray to the gold to round of London's extravaganza of sport. Many will remember Lon don 2012 for the record-break ing exploits of American swim
mer Michael Phelps who took mer Michael Phelps, who took his lifetime medal haul to 22 the most decorated Olympian in history.
There was, of course, Bolt, the biggest name in athletics and a charismatic ambassador for sprinting.

After winning the $4 \times 100 \mathrm{~h}$
went on to a London nightclub to delight dancing fans with a turn as a DI, shouting out "I am a legend" to the packed dancefloor. Britons may recall Andy
Murray demolishing world No 1 Roger Federer at Wimbledo to win the men's singles tennis "gold, while Jessica Ennis, the "poster girl" of the Games, won the women's heptathl
first "super Saturday"
Despite concerns about the a shortfans transport system and guards, which froce security ernment to call in thousandsextra troops to help screen visi tors, the Games were by fairly A furore over empty seats several Olympic venues blew over, especially once the track and field showcase kicked in and drew capacity crowds for virtually every session.


China's Lin Dan returns to Malaysia's Lee Chong Wei
during the men's singles medal match on Aug 5 .
China's Ye Shiwen poses with her gold medal on the podium during the
on July 28.


China's Sun Yang stretches before compete in the men's $1,500 \mathrm{~m}$ freestyle final in London on Aug 4 . the men's 5

## It never rains but it pours at London Games

Iknow the clouds above $\begin{aligned} & \text { away on the way to its gold } \\ & \text { London tend to weep a } \\ & \text { medal win over Spain, which }\end{aligned}$ ondon tend to weep a would be such a trickled effect on the athletes down effect on the athletes Olympiad in the British capital. Tears of pain, tears of jo and tears of agony rained lown the only thing missing was a performance by Tears for Fears.
Anyway, amid all those misty eyes, some stellar performer emerged or r emerged.
Ill keep my final ode to the event down to five as the sleepdeprivation experiment know
as the Olympics has clearly shown me that man needs more than two hours of sleep per day over the
5) The US basketball team Awesome! Lived up to its hype and blew all and sundry
medal win over Spain, which
was a little close, in Sunday's was a little close, in Sunday's
final. Yeah, with guys that go final. Yeah, with guys that go
by singles monikers like LeBby singles monikers like LeB-
ron, Kobe and Carmelo, they should crush the field, but the also did it with class, which is not something always associMy heart says the Magic-Bird My heart says the Magic-Bird
Iordan led Dream Team of 1992 would have beaten this incarnation, but my head says, Heart you are an idio 4) Mohamed Farah
You've simply got to love th You've simply got to love th Brit who broke the African
hegemony in the men's 5,000 and 10,000 meter races. OK, yeah, he was born in Somalia, but he grew up in somewhat
the less than a hotbed of the less than a hotbed of distance running known as his double delight if he was England's greatest track athlet Englands greatest track athlete


TYM GLASER
great and London Olympic Games Organizing Committee
(thank God I will now (thank God 1 will never have to Coe. Now that's how to make friends now thars how to make friends and influence people. It's official th minton mega-star is the great est shuttler to ever live. Sure, it's only a sport that maybe five or six countries seriously care about, but that should
not take away from his golde not take away from his golden efforts in the mens's singles an
team event. Now we can look forward to him appearing in every Chinese TV ad for the
2) Ye Shiwen and Sun Yang 2) Ye Shiwen and Sun Yang
I'm cheating a bit here, but Im cheating a bit here, b simply brilliant performance of Ye and Sun in the pool for China. Sun is now the undis puted king of distance freesty swimming after clinching gol
in the 400 and 1,500 events ... and almost completed a $\ldots$... and almost trompleted a ing silver in the 200 , oh, and let's not forget a bronze in the $4 \times 200$ relay. Not to be outdone or outshpne by her compatriot, Ye women's 200 and 400 individual medleys in
record-breaking style. At the ripe old age of 16 , she has at least two more Olympics left in her, which can't be a cheer thought for her rivals

1) Usain Bolt 1) Usain Bolt didn't'? The brighe 'Lighting' didnt? The brightest star in the
track and field cosmos. The Jamaican pulled off the never

| before-seen feat of winning |
| :--- |
| the 100 and | the 100 and 200 sprints and

the $4 \times 100$ relay Olympics ... and four of thos races were in world record times! Bolt lost to his compatriot Yohan "the Beast" Blake at Jamaican trials and Bolt skeptics were saying the baton
had been passed to his younger training partner. But, not so fast, my friends. all his critiearty Usain silenced all his critics with a double treble of gold medals that is not likely to be matched for a long. Long time. At 25 , the
lanky sprint legend is thinking of retirement in the not-toodistant future. Now, that brings a tear to my eye.
Tym Glaser is a senior sports copy editor who is now ready to put Rip van Winkle to shame
in the sleeping stakes. He can be contacted at tymothyg@ho mail.com

